# Wellbeing benchmarks

# Benchmark the value your building creates for users and communities

Social value is the broader contribution a development makes to the local community and society as a whole.

The wellbeing characteristics of your building will affect people's value and perception of the space.

You can create asset value and demand by shining a light on the wellbeing features of your building through these three industry-renowned environmental benchmarks:

## WELL Building Standard

The WELL Building Standard is a points-based system derived from performance outcomes for various policy, design and operation strategies, which required a comprehensive analysis of the assets air and water quality.

»

»

Grounded in medical and scientific research, it's a model for design and construction to integrate human health features in the built environment.

#### What type of buildings gualify?

- Offices »
- Multifamily residential »
- Retail **>>**
- Education »
- Restaurants »
- Commercial kitchens »

FITWEL

The WELL Building Standard is a points-based system derived from performance outcomes for various policy, design and operation strategies which require a comprehensive analysis of the asset's air and water quality.

#### This world leading certification scheme provides a tailored scorecard for new and existing buildings to optimise the unique opportunities for every project to receive a healthy building certification.





What factors that impact occupant health are measured? Air Thermal comfort »

Sound

Mind

»

- Water »
- Nourishment ~
- Light »
  - Movement
- » Community

Materials



# Wellbeing benchmarks



### FITWEL (continued)

It covers over 73 evidence-based design and operational strategies to enhance buildings and sites in addressing a range of health behaviours and risks.

Emphasis is on healthy work environments and employee wellbeing.

### What health impact classifications are measured?

Location »

- **Building access** »
- Outdoor space »
- Entrance and ground floor »
- Stairs »
- Indoor environments »

- Workspaces
- Shared spaces »
- Water supply »
- Food preparation areas
- Vending machines and snack bars »
- **Emergency** preparedness »

Building owners can apply for FITWEL's healthy building certification to implement, track, and benchmark actions and strategies that impact human health and wellbeing, which demonstrates a commitment to improving the lives of residents, occupants, and surrounding communities.

## ActiveScore

### What is ActiveScore?

ActiveScore is the leading global system for assessing and certifying the provision of active travel in buildings. The ActiveScore assessment is region specific and is based on 18 different criteria related to infrastructure, occupier engagement initiatives and future-proofing measures (to cater for increased active travel). Buildings are awarded a certified, silver, gold or platinum rating based on a score out of 100.

### Who needs ActiveScore?

There is an increasing need for assets to become active travel-friendly in order to reduce transport related emissions and enhance the health and wellbeing of people. Facilities that cater for active travel can inspire the uptake of active modes of transport such as walking, cycling and scooting.

### Who buys ActiveScore?

- Landlords, developers and companies who want to get a building ActiveScore certified. »
- Commercial, large-scale, mixed use, residential, retail, hotels and portfolios are examples of building types that can become ActiveScore certified.

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## ActiveScore (continued)

#### What does an ActiveScore certification provide?

- » A formal report with an ActiveScore rating.
- » Gives recognition to buildings and companies that support sustainable initiatives and occupants' health and wellbeing, through investment in active travel.
- » Provides assets with a green building certification recognised by GRESB.
- » A certification which can be used across marketing and social media materials.
- » For businesses:
  - adds value to ESG reporting, related to several environmental and social benefits.
  - the potential to reduce Scope 3 'Employee Commuting' category emissions.
- » Develops a sense of community in workplaces and residency buildings.
- » Demonstrates that the asset's facilities cater for active travellers.
- » Inspires employees, residents, and other occupants to adopt active travel modes.
- » Conveys a building's future-proofed credentials to potential occupants.
- » Active travel facilities appeal to contemporary audiences, attracting tenants and employees.

# HOW CAN HYDROCK HELP?

- We have qualified assessors in all these wellbeing certification standards.
- We will audit your building and provide a gap analysis highlighting potential improvements for maximum benefit.
- We have experts in building design, transport planning, EV infrastructure strategies, water and waste management, air quality and acoustic design who can address specific issues for you.
- We can help you shape an ESG strategy to meet your goals for buildings that improve people's lives.
- We can deliver this at an estate and portfolio level, as well as for single assets.

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